

CINDY MACKENZIE

BREAST CANCER FOUNDATION INC.

helping families • making a difference


Thank you to all who have jumped on board across the Sunshine Coast to support the Cindy Mackenzie Breast Cancer's (cmbcf) Pinktober™ promotion. There is just 8 days of Pinktober™ left. Here's how you can support us.



Saturday, October 24 – Charity Chook Run from Noosa to Caloundra

Join in all the fun **tomorrow** Saturday October 24 as the original Chookie Troy Deighton runs 76 km from Noosa to the Caloundra Music Festival. Come out and support Chookie and the Foundation for breakfast from 8am at the Noosa Surf Club.


Wave Chookie goodbye at 8.30am as he starts his gruelling 76km run along Noosa Drive, Sunshine Beach Road and the David Low Way.

Or cheer him on stage at the Caloundra Music Festival around 5.30pm. Check out the run route here and how you can support 




Wednesday, October 28 – Like Chocolate for Women 'Girls Night Out!'

The Like Chocolate for Women phenomenon is connecting with EVERY woman in Australia. Women around the country perform a delicate balancing act on a daily basis. They juggle careers, family, finances and the home. Keeping those balls in the air often involves putting themselves last. Now, Queensland-based authors Kim Morrison and Fleur Whelligan are telling women that it is not only ok for women to put themselves first, but it's essential they do so. If you want to support a great local cause and are looking for a night out with the girls where you will be indulged, nurtured and inspired then this is the night for you. Come and meet the Twenty8

organic aromatherapy synergy blends and discover the ultimate ways to indulge yourself and your family with these exquisite gifts from nature. Read more info here 

Saturday, October 31 – LMG (Look Mega Gorgeous) Makeover Salon Head to Pampering

The fun kicks off from October 26 with "Let the Girls Out." Drop a pink bra into the salon at 68 Omrah Avenue Caloundra to create a fence of support for women affected by breast cancer. Then on Saturday, October 31 join in all the fun from 10am to 4pm with head to toe pampering, local identities spray tanning, food, entertainment and whole lotta fun! Read more info here 

PINKTOBER™

We hope you can join us at one of these events. Your support will play a vital role in helping the Cindy Mackenzie Breast Cancer Foundation to assist Sunshine Coast breast cancer sufferers and their families with practical and financial support as they fight the battle of their life.

Think local, think Sunshine Coast support **Pinktober™** !