



GENINE HOWARD



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THE PROFILE TEAM; GENINE, KARA AND BELINDA WITH JENNIFER HAWKINS AT THE WISH LIST SPRING CARNIVAL

here at home. Turn to page 38 to meet two courageous women who have fought through this disease with the help of the CMBCF and then head to page 50 to shop your way to helping a great cause.

And this month we talk with National Breast Cancer Foundation (NBCF) ambassador Sami Lukis about how she is doing her part to spread the foundation's important messages. Alli Grant caught up with Sami to hear how her family has been impacted by breast cancer while she was enjoying a hiatus from her hectic media career here on the Coast.

We then change tack a little, focusing on all things family, with our special Tots to Teens feature and in-depth interview with local mum, author and all-round role model, Jodie Hedley-Ward. Fellow mum and profile writer Alli Grant gets intimate with Jodie, and finds out more about her passion to help other mothers 'get their sexy back' ... and it's more than just about wearing matching undies. If you're a new mum, mum-to-be or perhaps even a mum who has 'lost a little of herself', be sure to read our cover story on page 22. You'll certainly be inspired and you might even get your sexy back!

So take some time out, sit back and soak in yet another inspiring month of profile stories ... and give your mum, sister or best friend a hug ... you never know when they may need it the most. ■

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I recently attended the Wish List Spring Carnival lunch (where I incidentally got to meet the very gorgeous, model and Myer ambassador, Jennifer Hawkins, and called her 'Jen' - I think that was a faux pas!), and watched 600 people raise more than \$100,000 for this worthwhile local charity.

It got me to thinking about the power we Sunny Coasters have. Isn't it amazing that in just one event we can raise that kind of money? We have so many wonderful, giving individuals and businesses in our neighbourhood, and it makes me proud to live among you. I think you all deserve a big pat on the back, Sunshine Coast!

As new president of local charity SunnyKids, I am inspired by the results of the Wish List lunch and know that we too can raise the fund necessary to give back to the local community. Stay tuned for more details on some of our upcoming fundraising events ... (www.sunnykids.org.au).

Another fabulous, worthy cause is of course PINKTOBER™, a month-long of pink aimed at raising the awareness and much-needed funds for locals living with breast cancer. Spearheaded by the Cindy Mackenzie Breast Cancer Foundation (CMBCF), this local charity has changed the lives of many women and their families

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